

# UCSD 2010 Camper Checklist

## **Be Sure to Bring the Following:**

1. Basketball shoes that are already broken in. Don't buy a new pair of shoes to wear at camp unless you have enough time to break them in. New shoes can give you blisters.
2. Plenty of t-shirts, shorts and socks
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3. Linens, blankets/sleeping bag, pillow and towels.
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4. Sandals for the showers
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5. Bathroom items e.g. soap, shampoo, toothbrush, deodorant
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6. An alarm clock. You don't want to miss breakfast!
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7. A cell phone so you can call home and tell everyone that you are doing great.
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8. Beach towel, bathing suit, & sun-screen
9. Spending money for evening snacks, shirts, etc.
10. Athletic tape and wraps if you need them. There will be a certified athletic trainer on hand to assist you.
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11. A notebook and pen for classroom sessions.
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12. A water bottle. You don't want to get dehydrated.
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13. An address book. The friendships you make can last a lifetime.
14. A disposable camera if you want a "Kodak moment" with your new friends.